

RELATIONSHIP SURVEY

This survey is intended to estimate the current satisfaction with your relationship. Circle the number between 1 (completely unsatisfied) to 10 (completely satisfied) beside each issue. Try to focus on the present and not the past. While knowing this information will be shared with your partner, please be as genuine and honest as you can. The answers to these questions will assist us in working together to improve your current relationship.

| General Relationship | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
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| Personal Independence | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Partner Independence | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Couples Time Alone | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Social Activities | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Sexual Interactions | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Communication | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Financial Issues | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Household/Yard Responsibility | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Parenting | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Daily Social Interaction | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Trust in Each Other | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Decision Making | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Resolving Conflicts | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Problem Solving | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Partner Support of You | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

1. List one thing that your partner does that pleases you.

- 2. What would you like your partner to do more often?
- 3. What would your partner like you to do more often?
- 4. List one way you contribute to difficulties in the relationship.
- 5. What are you prepared to do differently in the relationship?
- 6. Is there a problem of alcohol/substance abuse in the relationship?
- 7. Do you try to anticipate your partner's wishes to please him/her?
- 8. What is one goal in couples therapy that you hope to accomplish?